Session Planning

Subject Matter Expert:	LIONG LIH BING	
Program Title:	LOTO for Authorized Employees	
Learning Outcome:	At the conclusion of the training, participants should be able to:	
	a) List the 7 lockout steps for energy control using the ISOLATE mnemonic	
	b) Recite the 7 return to service steps using the INSPECT mnemonic	
	c) Describe when alternative Control Reliable Access methods may be used	
	d) Describe how to handle 4 special situations	

equence	Topics/Content	Timeframe
Welcome	WELCOME participants to the session, "LOTO for Authorized Employees". INFORM: Group of follownig: - Phones switched to silent	5 minutes
Introduction	- Review Learning Objectives - What is lockout? - What happens if energy is not properly controlled? - Definitions - Personal lockout devices - What is energy? ACTIVITY What type of primary energy is being locked out?	25 minutes
Energy Control Procedures	When do I need to control energy?	15 minutes
	Lockout - Preferred method - Steps for energy control (ISOLATE) - Steps for safe return to service (INSPECT)	15 minutes
	Control Reliable Access - Alternate method available under certain conditions - Signage - Steps for energy control (SAFEST)	10 minutes
	Special Situations - Removal of lockouts by someone else - Outside contractors - Group lockout - Shift and personnel change ACTIVITY What's Wrong/ Right with This Picture?	20 minutes
	LOCKOUT WORKSHOP LOCKOUT JEOPARDY GAME	
Conclusion	Protect Yourself and Others	5 minutes
Knowledge Check	HANDOUT the knowledge check and have participants complete. Allow time to run through answers and collect the knowledge checks back.	10 minutes + 5
Evaluations and Farewell	Ensure participants complete evaluations of the workshop.	5 minutes